

CALENDAR

JANUARY

Love Your Planet Month

Dimension Focus: Community

FEBRUARY

Cultural Diversity Month

Dimension Focus: Education

MARCH

Nutritional Awareness Month

Dimension Focus: Nutrition/Medical

APRIL

Artful Living Month

Dimension Focus: Cognitive

MAY

Humor Appreciation Month

Dimension Focus: Emotional

JUNE

For Safety Sake Month

Dimension Focus: Education

JULY

American Pride Month

Dimension Focus: Community

AUGUST

REACH for Healthy Living Month

Dimension Focus: Physical

SEPTEMBER

Community Engagement Month

Dimension Focus: Social

OCTOBER

Cognitive Health/Awareness Month

Dimension Focus: Cognitive

NOVEMBER

Connect With Nature Month

Dimension Focus: Community

DECEMBER

Spiritual Well-Being Month

Dimension Focus: Spiritual