



Cypress Cove Activities

(239) 415-5100
 10200 Cypress Cove Drive
 Fort Myers, FL 33908
 www.Cypresscoveliving.org

February 2017

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|--------------------------|--------------------------|-----------------------------|-------------------------|---|---|-------------------------|
| 10:00 Worship Service | 9:00 Billiards - BR | 9:00 Billiards - BR | 9:00 Coffee Klatch - CC | 9:00 Billiards - BR | 9:00 Billiards - BR | 10:00 Yacht Club |
| 4:00 Mini Bingo - CR | 12:55 Shopping | 10:00 Painting/Sketch - 225 | 9:00 Billiards - BR | 9:30 Paint./Sketching - 225 | 9:20 Shopping/Library | 10:00 Board games - ST |
| 4:00 Movie - Channel 195 | 1:00 Ladies' Bridge - CR | 12:30 Poker - BR | 12:30 Poker - BR | 10:00 Catholic Service - Lodge Weeks 2, 3, and 4 | 10:00 Catholic Service - Lodge First Friday only | 1:00 Hand and Foot - ST |
| 6:00 Rummicube - CR | 3:30 Yacht Club | 1:00 Co-ed Bridge - CR | 7:00 Bible Study - CR | 10:00 Seamstress - ST | 1:00 Poker - BR | 7:00 Dominos - ST |
| | 6:30 Bocce - EH | 1:00 Brain Fit - ST | | 12:30 Poker - BR | 7:00 Duplicate Bridge - CR | 7:15 Movie - EH |
| | | 2:00 French Class - ST | | 1:00 Brain Fit - ST | 7:15 Trivia - EH | |
| | | | | 6:30 Bocce - EH | | |

| Fitness Classes | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|--|--|---|---|
| Sunday 1:00 Singles Table Tennis - 4th Flr. | Red = Special Events | Transportation for Appointments 415-5120 Monday through Friday 8:00 a.m. - 1:00 p.m. | EH - Edison Hall CR - Card Room BR - Billiards Room CC - Captain's Cove SB - Sand Bar | DD - Dolphin Dining Room ST - Studio ER - Estero Room FR - Fitness Room RP - Resident Pavilion | | | |
| Monday 8:30 Bone Builders - EH 9:15 Body Flex & Balance - EH 10:10 Low Impact Aerobics - EH 10:30 Aqua Aerobics - Pool 11:00 Barbara's Chair Exercise - EH | Green = Travel Blue = Movies Purple = Wellness | | | 1 12:00 Sign-up for Six Appeal Dinner Theater - Main Street 12:00 Bell Tower Cinema "La La Land" | 2 11:30 ROMEO's - Olive Garden 1:00 A History of the Bible, 4,000 years in 45 Minutes - EH 4:00 - 6:00 Meet the Trainer Triple Elevator Lobby | 3 1:00 Chair Volleyball - EH 2:00 Genealogy Mtg. - ER | 4 7:15 Pops Concert 7:15 "Captain Phillips" - EH |
| Tuesday 8:30 On The Ball - EH 9:30 Balance in Motion - Pool 10:30 Simply Fit - EH 1:00 Singles Table Tennis - 4th Floor | 5 12:30 Scott McDonald - SB 3:00 Student Recital-EH 4:00 "Parent Trap" Chan.195 6:15 Super Bowl Kickoff—EH Dining Menu Week 2 | 6 10:00 iPad One-on-One - ST | 7 9:00 Acrylic Painting Class beginners only - Apt. 225 | 8 3:00 Veterans' Group - EH 5:00 Piano Music - SB 6:00 Six Appeal Dinner Theater - EH | 9 12:00 Connections - CC | 10 11:30 Wings of Freedom Tour - Page Field 1:00 Corn Hole - EH 5:00 Bruce Stone - SB | 11 7:15 "Guarding Tess" - EH |
| Wednesday 10:30 Aqua Aerobics - Pool 1:00 Table Tennis - 4th Floor | 12 10:00 Cruisers depart 1:30 Lee County Band 4:00 "Avalon" - Channel 195 Dining Menu Week 3 | 13 1:00 Transitions of Care Seminar - EH 7:00 Resident Council - EH | 14 1:00 Amazon Echo Club - EH 4:30 Valentine's Day Dinner 7:00 Book Club - ST 7:00 Euchre - ST | 15 3:00 Medical Seminar - EH | 16 12:30 Off Broadway Palm Theatre 6:45 Community Concert | 17 8:30 Wellness Walk - Bunche Beach 1:00 Chair Volleyball - EH | 18 4:00 Edison Festival of Light 7:15 Symphony Concert 7:15 "Walk The Line" - EH |
| Thursday 8:30 On The Ball - EH 9:30 Balance in Motion - Pool 10:30 Simply Fit - EH 11:30 Bone Builders - EH 1:00 Singles Table Tennis - 4th Floor | 19 12:30 Scott McDonald - SB 4:00 "The Secret Life of Pets" Channel 195 Dining Menu Week 4 | 20 10:00 iPad One-on-One - ST 12:00 Birthday Lunch - CC | 21 11:30 Lunch Bunch 1:00 Camera Club - EH | 22 1:30 Inquiring Minds - ER 7:00 Big Bingo - EH | 23 10:00 Town Hall - EH 1:00 Florida Repertory Theater | 24 1:00 Wii Bowling - EH 5:00 Dean Miller - SB | 25 6:30 A Night in Hollywood -EH 7:15 "Some Like It Hot" - EH |
| Friday 9:15 Body Flex & Balance - EH 10:30 Aqua Aerobics - Pool 1:00 Table Tennis - 4th Floor | 26 4:00 "Sully" Channel 195 Dining Menu Week 5 | 27 10:00 Yappy Hour - Dog Park 6:45 Community Concert | 28 4:30 Mardi Gras Dinner - DD 7:00 Euchre - ST | | | | |
| Saturday 10:30 Simply Fit - EH 1:00 Table Tennis - 4th Floor 3:00 Line Dancing - EH | | | | | | | |